

|  |   |
|--|---|
| <b>Apply the standard precautions used in treating patients to prevent infection</b> | <b>Body mechanics</b>   |
| <b>BSI / scene safety</b>  | <b>Contamination</b>  |
| <b>Critical incident stress</b>  | <b>Cumulative trauma disorder</b>   |
| <b>Decontamination</b>   | <b>Demonstrate proper handwashing techniques.</b>   |
| <b>Describe the different types of protective clothing worn to prevent injury</b>    | <b>Describe the specific routes of transmission and the steps to prevent and/or deal with an exposure to hepatitis, tuberculosis, or human immunodeficiency virus (HIV)/acquired immuno</b> |

|   |   |
|---|---|
| <p>Definition: Knowledge/skills objective (printed page 30); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 30. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  | <p>Definition: Using posture, leg drive, and teamwork to lift with less spine loading.<br/>Notes / acronyms / usage: Apply during cot loads, stair carries, and floor lifts to prevent injury.<br/>Source row: curated_ch01_05<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> |
| <p>Definition: Body substance isolation (gloves, eye protection, etc.) plus ensuring the scene is safe to enter.<br/>Notes / acronyms / usage: First priorities before patient contact on every response.<br/>Source row: curated_ch01_05<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>          | <p>Definition: Presence of hazardous substance on person or object.<br/>Notes / acronyms / usage: Triggers isolation and decontamination pathways.<br/>Source row: curated_ch01_05<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |
| <p>Definition: Normal stress reactions after high-acuity events; may benefit from peer/debrief resources.<br/>Notes / acronyms / usage: Recognize symptoms in yourself and teammates; use agency support programs.<br/>Source row: curated_ch01_05<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> | <p>Definition: Injury from repeated stress on muscles and joints.<br/>Notes / acronyms / usage: Prevent with ergonomics, stretching, and equipment use.<br/>Source row: curated_ch01_05<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  |
| <p>Definition: Process of removing or neutralizing contaminants from personnel and equipment.<br/>Notes / acronyms / usage: Needed after hazardous materials contact or infectious contamination per protocol.<br/>Source row: curated_ch01_05<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>     | <p>Definition: From textbook knowledge objective; verify wording in your print textbook.<br/>Source row: extract_objective<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |
| <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  | <p>Definition: Knowledge/skills objective (printed page 30); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 30. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  |

|  |  |
|--|--|
| <p><b>Differentiate infectious disease and communicable disease</b></p>  | <p><b>Differentiate issues concerning care of the dying patient, death, and the grieving process of family members</b></p> |
| <p><b>Discuss the steps necessary to determine scene safety and to prevent work-related injuries at the scene</b></p>  | <p><b>Discuss workplace issues such as cultural diversity, sexual harassment, and substance abuse</b></p>                  |
| <p><b>Do not recap, bend, break, or hand</b></p>   | <p><b>documents/mental</b></p>   |
| <p><b>Eat a healthy and well</b></p>   | <p><b>effective</b></p>  |
| <p><b>Explain posttraumatic stress disorder (PTSD) and steps that can be taken, including critical incident stress management, to decrease the likelihood that PTSD will develop</b></p> | <p><b>Explain the steps that contribute to wellness and resilience and their importance in managing stress</b></p>         |

|  |  |
|--|--|
| <p>Definition: Knowledge/skills objective (printed page 30); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 30. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> | <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> |
| <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> | <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> |
| <p>Definition: manipulate used needles.<br/>Source row: extract_full_book<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   | <p>Definition: health-grid/2016-naemt-mental.<br/>Source row: extract_full_book<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |
| <p>Definition: balanced diet.<br/>Source row: extract_full_book<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   | <p>Definition: ems-wellness-and-resilience-program. Pub-<br/>Source row: extract_full_book<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>                                  |
| <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> | <p>Definition: Knowledge/skills objective (printed page 30); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 30. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> |

|  |   |
|--|---|
| <p><b>Explain the steps to take for personal protection from airborne and bloodborne pathogens</b></p> | <p><b>Explain the ways in which immunity to infectious diseases is acquired</b></p> |
| <p><b>Exposure incident</b></p>  | <p><b>Fatigue</b></p>   |
| <p><b>health</b></p>   | <p><b>Identify behavioral emergencies.</b></p>                                      |
| <p><b>Identify resources for positive mental health and suicide prevention</b></p>                     | <p><b>Identify the emotional aspects of emergency care</b></p>                      |
| <p><b>Identify the risks and hazards of sleep deprivation in EMS</b></p>                               | <p><b>Information on the postexposure evaluation and follow</b></p>                 |

|  |   |
|--|---|
| <p>Definition: Knowledge/skills objective (printed page 30); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 30. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   | <p>Definition: Knowledge/skills objective (printed page 30); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 30. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  |
| <p>Definition: Contact with blood or OPIM through mucous membranes, non-intact skin, or percutaneous injury.<br/>Notes / acronyms / usage: Follow agency policy: wash, report, document, seek baseline testing and follow-up.<br/>Source row: curated_ch01_05<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> | <p>Definition: Reduced alertness and performance from inadequate sleep, long shifts, or high workload.<br/>Notes / acronyms / usage: Mitigate with rest, hydration, nutrition, and speaking up when unsafe to drive or perform procedures.<br/>Source row: curated_ch01_05<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> |
| <p>Definition: report-8-14-16.pdf. Published 2016. Accessed.<br/>Source row: extract_full_book<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  | <p>Definition: From textbook knowledge objective; verify wording in your print textbook.<br/>Source row: extract_objective<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |
| <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   | <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  |
| <p>Definition: Knowledge/skills objective (printed page 30); confirm wording in your course copy.<br/>Source row: pdf_objective<br/>Book reference: Printed page 30. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   | <p>Definition: up that the employer is required to provide for the employee.<br/>Source row: extract_full_book<br/>Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |

|                                 |   |
|---------------------------------|---|
| <b>line</b>                     | <b>Mass</b>   |
| <b>mental</b>                   | <b>Multiple</b>   |
| <b>Place sharps in puncture</b> | <b>Postincident debrief</b>   |
| <b>Prevention of response</b>   | <b>Prevention of work-related injuries (pp 54</b>                                 |
| <b>quit</b>                     | <b>Recognize the physiologic, physical, and psychological responses to stress</b> |

|  |  |
|--|--|
| <p>Definition: of-duty/. Accessed March 6, 2020.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>              | <p>Definition: casualty incidents.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  |
| <p>Definition: and-physical-health/. Updated October 8, 2018.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> | <p>Definition: patient situations.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  |
| <p>Definition: resistant containers.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>                          | <p>Definition: Structured team talk after difficult calls.<br/> Notes / acronyms / usage: Supports learning and mental health when facilitated appropriately.<br/> Source row: curated_ch01_05<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> |
| <p>Definition: related injuries.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>                              | <p>Definition: 61, 77).<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |
| <p>Definition: smoking.html. Published January 2, 2020.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>       | <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/> Source row: pdf_objective<br/> Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |

|  |   |
|--|---|
| <b>Recognize the possibility of violent situations and the steps to take to deal with them</b> | <b>Recognize the stress inherent in many situations, such as mass-casualty scenes</b> |
| <b>responder</b>   | <b>Situational awareness</b>  |
| <b>Standard precautions</b>  | <b>State the routes of disease transmission</b>                                       |
| <b>State the routes of disease transmission.</b>   | <b>stress</b>   |
| <b>Stress response</b>   | <b>Training and practice in self</b>  |

|  |  |
|--|--|
| <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/> Source row: pdf_objective<br/> Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   | <p>Definition: Knowledge/skills objective (printed page 31); confirm wording in your course copy.<br/> Source row: pdf_objective<br/> Book reference: Printed page 31. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |
| <p>Definition: mental-health-survey-results.html. Published.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  | <p>Definition: Continuous perception of environment, threats, and changing patient condition.<br/> Notes / acronyms / usage: Maintain during traffic scenes, violent scenes, and dynamic medical deterioration.<br/> Source row: curated_ch01_05<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> |
| <p>Definition: Treat all blood and body fluids as potentially infectious; use PPE accordingly.<br/> Notes / acronyms / usage: Guides glove use, mask/eye protection, and safe handling of spills.<br/> Source row: curated_ch01_05<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p> | <p>Definition: Knowledge/skills objective (printed page 30); confirm wording in your course copy.<br/> Source row: pdf_objective<br/> Book reference: Printed page 30. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |
| <p>Definition: From textbook knowledge objective; verify wording in your print textbook.<br/> Source row: extract_objective<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  | <p>Definition: and-thoughts-of-suicide/. Published.<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>   |
| <p>Definition: Physiologic arousal (for example, elevated HR) preparing for action.<br/> Notes / acronyms / usage: Recognize when it helps versus impairs fine motor skills.<br/> Source row: curated_ch01_05<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>                      | <p>Definition: defense and es-<br/> Source row: extract_full_book<br/> Book reference: Printed pages 30–84. Emergency Care and Transportation of the Sick and Injured, 12th ed.</p>  |

|                               |  |
|-------------------------------|--|
| <b>Where allowed, take 20</b> |  |
|                               |  |
|                               |  |
|                               |  |
|                               |  |
|                               |  |

|   |  |
|---|--|
| <p>Definition: to 30-minute naps or.<br/>Source row: extract_full_book<br/>Book reference: Printed pages 30–84. Emergency Care and<br/>Transportation of the Sick and Injured, 12th ed.</p> |  |
|   |  |
|   |  |
|   |  |
|   |  |